



The Pegasus:

The Weekly Francis Scott Key Newsletter

*"Spring is nature's way of saying, 'Let's party!'" * Robin Williams*



This Week: May 4-8, 2020

Okay, so maybe not, unless you are my friend pictured above on the roof of The Lavender Inn enjoying his lavender scented room and munching on my rosemary. We are all in quarantine for a while yet...[sigh]. The fact that today is May Day didn't help. We didn't even have a pole to tie ribbons to and dance around with flowers in our hair...we do have a polecat though....not sure he's amenable to that. Although leaving May Day baskets on our neighbors' door, knocking, and then running away is the perfect amount of social distancing for today. Or you could be celebrating International Workers Day, which has nothing to do with that at all...

In other news there is a **virtual school wide art show** for your kids to participate in. Please read further for entry information and news on **Teacher Appreciation Week**. Just remember as annoying and frustrating as this is for you, you don't have to grade 24-34 kids worth of homework EVERY SINGLE NIGHT. Yeah, keep that in mind during Happy Hour.

The newsletter is pretty long this week. Clifford's interview with our new resident will be forthcoming. I've been told by my fish, Wave, they are still editing it. Apparently it had to be translated by a raccoon who knew Skunk passing well...

And as always, please visit our website for the school calendar, event information, and updates: <https://myfsk.org/>; <https://www.facebook.com/FSKschool>.

Upcoming Events at FSK for May

- 5/4-8 *Teacher Appreciation Week* See details below
- 5/7 *PTA Board Meeting*, 6pm (Board members only)
- **5/16 PTA General Meeting, 11am (Zoom link to follow)**
- 5/25 *Memorial Day No School*; **Art Show submissions due**
- 5/26 *Virtual Art Show* live on [MYFSK.ORG](https://www.myfsk.org)
- 5/29 *Kindergarten Promotion* TBD

Upcoming Events for June

- 6/1 *5th Grade Graduation* TBD
- 6/2 *Last Day of School*

Teacher/Staff Appreciation Week May 4-8

<https://myfsk.org/teacher-and-staff-appreciation-week-may-4-8/>

Our Fabulous FSK Teachers and Staff deserve our gratitude for their dedication, skill and compassion, and more so than ever these days! We are so grateful for their service. We would love for you, our FSK families, to share your thanks & appreciation with our Teachers and Staff. Together we can show our FSK Teachers and Staff how much we value all they do for our kids and community. **Questions?** Feel free to email us at auctiongalachair@fskey.org

- **Tuesday, May 5th:** Snap a "*Smile of Support*" Selfie for our Fabulous FSK Teachers! Brighten any teacher or staff's inbox by emailing them a student or family photo and a handwritten thank you sign/note.
- **Thursday, May 7th:** Send a Positive *Shout-out or Thank You Note* to our Fabulous FSK Teachers! Send your gratitude to any teacher or staff in an email, video message, or a digital greeting card.
- **Any Day Next Week:** Send your thanks in any creative way and, if possible, consider contributing to a class gift.

Virtual School-Wide Art Show

<https://myfsk.org/spring-virtual-art-show-students-invited-to-submit-art-by-may-25th/>

All FSK Students are invited to create and submit an art piece with the theme of "***Heroes Around Us and What/Who Brings us Happiness.***" We will have a Virtual Art Show on MYFSK.ORG on May 26th including all K-5 Students' submissions. Details about submissions to the art show are below, on the flier.

ART SUBMISSIONS SHOULD INCLUDE:

1. **Art** (any drawing/sketch on any medium, such as paper, wood, floor, cement, fence, and use any materials you have at home: crayons, pencils, pens, color markers, chalk, paint, pastels, etc.)
 2. **Student's First Name, Grade level, and Teacher's Name**
 3. **Write-up** (few sentences, one paragraph) explaining what is drawn and what it represents to the student.
- Please email art work to Eliza at: art_in_action@fskey.org by May 25th.
 - Please take a high-resolution photo or scan your child's art piece and email it in a PDF or JPG file format to Eliza at the email above.
 - See the flier below for details and some samples.

QUESTIONS?

Email Eliza Conroy, AiA School Coordinator at art_in_action@fskey.org OR Paige Schultz, Art Show Exhibit Lead, at pmschultz@gmail.com

Support Our School

In honor of *Teacher and Staff Appreciation Week*, we encourage all our families to make a Direct Donation in the name of a FSK Teacher or Staff member who has had a significant impact on your child(ren) and/or family. Let's support our teachers and staff so they can continue their incredible work to inspire, engage, and educate our kids.

- **Donation Website:** <http://bit.ly/fskdonate>
* Please include a note about who your donation is in honor of in the 'Notes' section on the PayPal page. Thank you.

- Set your Amazon account to AmazonSmile and select FSK PTA to make sure part of your purchases goes back to our school.
- *Direct Donations to FSK PTA:* Please support our PTA with a direct donation. You may donate online at <https://myfsk.org/get-involved/donate/>
- *Fundraising Web Page for more information about helping out the school:* <https://myfsk.org/get-involved/pta/fundraising/>

Thank you for your generous support!

Volunteers

Please make sure to log in all your volunteer hours to help our PTA Historian, Dalyce, with her year-end report. Questions? Please send an email to historian@fskey.org . We appreciate your time and truly wouldn't be the amazing FSK Community that we are without you!

Log in your Volunteer Hour on our Google Form:

<https://docs.google.com/.../1FAIpQLSd3Yv-P6Vr0N20Er.../viewform...>

Support Our Community

- SFUSD Free Meals: <https://www.sfusd.edu/services/health-wellness/nutrition-school-meals>
Free grab and go meals are available to pick up on Monday and Wednesday at various sites listed on the site above. AP Giannini is the closest site to FSK; pick-ups are 11a-Noon.
- SF Marin Food Bank: Fridays between 9am-1pm, you can pick up a pre-packed bag of nutritious groceries at the food pantry pop-up at either AP Giannini Middle School *or* Lincoln High School.
- Sunset Strong: Support local businesses open during this challenging time; list of open businesses and map at <https://sunsetstrong.com/>
 - **FSK Family-Owned *or* Employed Restaurants:** Escape from NY Pizza; Franco's Latin Table; Underdogs Too; The Taco Shop at Underdogs; Foam Tea House; Trouble Coffee; Java Beach; 620 Jones; The Beer Hall; Sunset Cantina (to-go orders starting May 5th)
- Sunset Neighborhood Help Group
contact@sunsethelpers.org
415.212.8770
<https://www.facebook.com/groups/2615983561845218/>

SFUSD Related Concerns

Thanks to everyone who attended our 4-1-1 Wednesday meeting this week about the SFUSD budget. If you missed it, you can find the recording here: <https://youtu.be/dZuJa17wt0M>

A few follow up resources:

- Board of Education Budget Committee meeting is next Wednesday at 3pm where they will be presenting information related to their presentation this week. They don't post the agenda until 72 hours in advance, but when they do, you will find it here: <https://go.boarddocs.com/ca/sfusd/Board.nsf/Public#tab-meetings>
- SFUSD is doing some advocacy for federal stimulus funds as part of the Council of Great City Schools. Here is his [tweet](#) about the topic and [here](#) is the press release SFUSD shared.
- Here is an article about budget concerns and the push for federal stimulus funds for K-12 education: [Nearly 300,000 Teacher Jobs at Risk if Feds Don't Step Up, Big Districts Warn](#)

- Here is an article about the considerations for reopening schools: [Returning to school buildings in the fall will be complicated. In some places, it's far from clear it will happen](#)

Join us next week! Register [here](#) and share this with your fellow PTA officers. We've seen several themes in the conversations happening on the listservs and would love to bring them into a live discussion. As the registrations come in, we'll let you know what the most popular topics are so you can gather your questions for each other. All PTA Members welcome to attend.

4-1-1 Wednesdays: Town Hall with San Francisco's State Legislators

Wednesday, May 13 7:30-8:30pm; Come learn about the latest news from the state legislature and ask your burning questions. Our guests will talk about supports the state has put in place for families during the COVID-19 crisis, the state budget, and current legislation. You can also submit questions ahead of time when you register. Confirmed guests: Senator Scott Wiener, Assemblymember Phil Ting, and Assemblymember David Chiu [Register here](#)

Recipe Round-Up (2 recipes)

- **Warm Wild Mushrooms with Baked Goat Cheese** (Serves 4)

12 ounces chanterelle, cap, shiitake, or oyster mushrooms

1 large garlic clove, chopped

2 tablespoons chopped fresh chives

2 ounces soft goat cheese, cut into 4 rounds

2 cups spinach

2 tablespoons chopped fresh parsley

2 tablespoons chopped fresh tarragon

2 tablespoons chopped fresh marjoram

1/2 cup fresh nasturtium flowers (optional)

2 tablespoons white wine, tarragon, or white vinegar

Directions:

Clean mushrooms and slice. Heat 2 tablespoons oil in skillet and cook garlic, mushrooms, and chives over medium heat until just tender. Season with salt and pepper. Lift mushrooms out of pan with slotted spoon onto a lightly oiled baking sheet, dividing into 4 portions. Place goat cheese round in center of each pile. Bake at 400°F about 4 minutes, until cheese melts and browns slightly.

Meanwhile, wash and dry lettuce and herbs. Toss together with flowers in medium bowl. Divide into 4 portions and place on warmed plates. Add remaining oil to skillet, turn heat to medium, and stir to collect pan juices and bits. Add vinegar and simmer until reduced slightly.

Spoon hot mushrooms, juices, and cheese over lettuce, then drizzle with hot oil and vinegar. Serve immediately.

- **Wise Sons' Chocolate Babka (Makes two loaves)**

Ingredients:

1 cup whole milk
1 package active dry yeast
4¾ cups all-purpose flour
1 1/8 sticks butter, unsalted
1 tablespoon sugar
3 eggs
1 egg yolk
1½ teaspoons vanilla extract
1 teaspoon salt
Chocolate filling (*see recipe [here](#)*)
Streusel (*see recipe [here](#)*)

Directions

1. Warm milk for 30 seconds in microwave-safe bowl. Milk should be warm, not hot.
2. Place warm milk in a medium-size, room temperature bowl, and then whisk in yeast.
3. Whisk in 1 cup of the flour.
Let sit 20 minutes, uncovered.
4. In mixing bowl fitted with paddle attachment, combine butter and sugar. Beat 4 minutes on medium speed until combined and light (color should be pale yellow).
5. Add eggs, yolk, and vanilla, scraping down sides while mixing on medium speed.
6. Add remaining flour, and then add milk, yeast, and flour mixture. Mix on low for 1 minute.
7. Add salt and continue to mix until dough starts to look ropy (wide strands that pull away cleanly from the bowl) and the color is consistent throughout.
8. Cover with plastic wrap and refrigerate overnight.
9. Divide dough into two equal pieces.
10. On a floured work surface, roll each piece out to a 12-by-20-inch rectangle. Cover with a layer of chocolate filling, and top with remaining chopped chocolate.
11. Roll dough from the longest edge like a jelly roll, fold in half (it should be about 9 to 10 inches long), and then twist a few times. Repeat for second sheet.
12. Place each sheet in a greased 9-by-5-inch baking pan. Cover with streusel.
13. Let rest for 1 hour until dough rises just over the pan.
14. Bake at 325 degrees for 1½ hours. Cool completely before slicing.

Creativity Corner

*Please scroll down the webpage below for a variety of flower types. Her intro photograph is not particularly interesting, but they do get better.

25 Paper Flowers for Kids:

https://www.momjunction.com/articles/cool-paper-flower-crafts-children_0074282/

FSK ART PROJECT ~ SPRING 2020

HEROES AROUND US and WHAT/WHO BRINGS US HAPPINESS

This Spring, we will have a Virtual School-wide Art Show to display our K-5 Students' Art Work. All FSK Students are invited to create an art piece with the theme of "Heroes Around Us" and "What/Who Brings us Happiness".

Art Work Submissions welcome from May 15th-25th by email to art_in_action@fskey.org

PLEASE INCLUDE:

- ♦ Art (any drawing/sketch on any medium, such as paper, wood, floor, cement, fence, and use any materials you have at home: crayons, pencil, pens, color markers, chalk, paint, pastels, etc.)
- ♦ Student's First Name, Grade level, and Teacher's Name
- ♦ Write-up explaining what is drawn and what it represents to the student.



Coco, 2nd G, Ms. Lai



Toni, 1st G, Ms. Farshchi



**THE VIRTUAL ART SHOW WILL BE DISPLAYED
AT MYFSK.ORG ON MAY 26TH!**



Heartfelt 
THANKS
TO OUR VOLUNTEERS!



SUPPORT FSK

[HTTP://BIT.LY/FSKDONATE](http://bit.ly/fskdonate)

The Pegasus Weekly Newsletter is brought to you by:

Samantha Cairo-Toby
PTA Executive Vice President
And
Proprietor of the Lavender Inn
An exclusive Bed & Breakfast
For that special skunkastic experience
And
Mom to Madeleine (5th Grade)



Thank You from our Students, Teachers & Staff